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Ms. Katehakis is author of *Sex Addiction As Affect Dysregulation: A Neurobiologically Informed Holistic Treatment*, 2016 published by W. W. Norton & Co. She is co-author of the 2015 AASECT award winning *Mirror of Intimacy: Daily Reflections on Emotional and Erotic Intelligence* (2104), contributing author to the Clark Vincent award winning *Making Advances: A Comprehensive Guide for Treating Female Sex and Love Addicts*, in M. Feree (Ed.), (2012), and author of *Erotic Intelligence: Igniting Hot Healthy Sex After Recovery From Sex Addiction* (2010).

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Ms. Katehakis received her early training in transpersonal psychology from John Cogswell, Ph.d. where she co-founded a mind/body psychotherapeutic modality known as "Walking-in-Your-Shoes." She specializes in and has extensive experience in working with a full spectrum of sexuality from sexual addiction to problems of sexual desire and dysfunction for individuals and couples. She speaks to professional audiences on the subject of sex addiction and sexuality and teaches workshops on healthy sexuality in retreat settings.

Alexandra blogs at Psychology Today and Huffington Post and appears as a weekly guest expert every Friday on *Dr. Drew Midday Live* at 12:45pm on KABC Talk Radio 790 AM.

More information is available through her website at [www.centerforhealthysex.com](http://www.centerforhealthysex.com)